



Volunteer Update Session Timestamps

18 June 2026

Please see the below table, for a quick reference guide for what topics were covered during the session (and when).

The recording can be viewed at:

[parkrun Asia Pacific Volunteer Update Session](#)

Time	Topic
0:00 - 2:24	Session Welcome, Housekeeping and Introduction
2:25 - 5:48	Responsible parkrunning
5:49 - 9:48	Requested Volunteer Roles
9:49 - 11:40	Course Page
11:41 - 12:57	Challenges
13:48 - 16:35	Evaluation and Session Wrap Up

To provide feedback on this session, scan the QR code below or [click this link](#):

